

Top tips for saving energy

By following these simple steps around the home you can stay comfortable and save money on your energy bills.

Dial it down

If you turn your thermostat down by just 1°C you will cut your heating bill by up to 10 per cent, saving around £80 per year. If you have a programmer, set your heating and hot water to come on when you're at home rather than all the time. The thermostat should be set to the lowest comfortable temperature, typically between 18°C and 21°C.

Keep the heat

Windows, doors and crevices in the property will allow heat to escape from your home. You can buy draught proofing products in DIY stores and save around £25 a year in heating bills.

Take control of your heating

Your room thermostat switches your heating system on and off according to the set temperature. Many think that turning a thermostat up will heat up your home quicker but this will only heat your home to a higher temperature, not any faster. Insulation will increase the speed your home heats up since less heat will be lost through the building.

Get the boiling point

If you fill the kettle up with only as much water as you need you will save £7 in energy bills a year.

Wash at 30°C

If you set your washing machine to wash at 30°C rather than a higher temperature you will save £6 a year and use 40 per cent less electricity.

Line dry clothes

You can save £30 a year in electricity by line drying clothes instead of using a tumble dryer.

Savings are for a typical gas heated 3 bed semi-detached house, based on an electricity price of 14.37p/kWh and gas price of 3.80p/kWh, correct as of April 2017

Turn it off

Turn your lights off when you're not using them. If you switch a light off for just a few seconds, you will save more energy than it takes for the light to start up again, no matter what sort of lights you have. This will save you around £14 on your annual energy bills.

Shorter showers

Spending one minute less in the shower each day will save you £7 off your energy bills each year, per person. With a water meter this will save a further £7 off annual water and sewerage bills, and if everyone in a four person family did this it would lead to a total saving of nearly £80 a year.*

*Based on a power shower, assuming 5 showers per person per week

Take charge

The number of appliances, electrical goods and personal electronics we buy is rising. If you turn off these products, including consumer electronics, lights and chargers that have been left on standby mode, or have been left on and are not in use, you could save around £30 a year.

Have a light bulb moment

If you replace a halogen bulb with an equivalent LED, you will save around £90 in electricity costs over the lifetime of the bulb.*

*Based on replacing a 50W halogen bulb

Contact Nest on Freephone

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to see how we can help you

